

THE OTTAWA CIRCUMCISION CLINIC - AKIL MD.

POST-OP CIRCUMCISION CARE

Post Circumcision Care:

1. To prevent infection, be sure to wash your hands before and after you remove the gauze and when applying Vaseline or Polysporin.
2. Leave your infant's dressing (lubricant gauze) on for 24 hours after the circumcision. If gauze gets soiled with stool, remove gauze and gently wash penis with warm water.
3. Check for bleeding every hour for 24 hours.
4. If the gauze is stuck to the circumcised area, wet the gauze with warm water to loosen it and gently remove it.
5. If gauze falls off while changing diapers before 24 hours, no gauze is required, only ointment.
6. While your child is healing, apply a petroleum-based ointment (such as Vaseline or Polysporin) to the end of the penis after every diaper change. This will also prevent penis from sticking to the diaper.
7. Give Tylenol every 4-6 hours according to the child weight as needed for discomfort for 3-5 days.
8. If the circumcised area becomes soiled with stool, gently wash the stool off penis with warm water and a clean cloth if needed.
9. Do not use soap, lotion, powder or diaper wipes to clean the penis because they may cause stinging or irritation.
10. Diapers should be changed right after urination/bowel movement and Vaseline or Polysporin should be applied to the end of the penis.
11. Buried Penis: Sometimes boys who have a large suprapubic fat pad, the penis may sink back inside pushing the skin upwards covering the head of the penis. This requires the caregiver to press on either side of penis to expose the head and prevent post circumcision adhesions and phimosis by applying vaseline around the head of the penis.
12. Allow the penis to heal by avoiding bathing or wiping for 5 days.
13. Dr. Akil will follow up over the phone couple hours after the procedure
14. Follow-up Appointment in 2 weeks. If adhesions occur they will be released during follow-up free of charge.

Healing Stages Post Circumcision:

1. Over the following days, your child will heal from the surgery in stages. Every child heals differently; it can take up to a month for the penis to appear fully healed.
2. Bleeding: Stops Within Seconds to minutes after procedure.
3. The cut edges of the glans close up.
4. Colour changes: Immediately after the circumcision, the glans may appear red and glossy or even purple. This occurs because the skin covering the glans of an uncircumcised penis is a mucous membrane. Once the membrane is exposed, it thickens and becomes darker. Your child's gland may have off-white or yellowish patches in the first few days after surgery. These are a type of scab and are completely normal. Two or three days after the circumcision, the skin may look green and yellow. This is a sign of normal healing, not pus.
5. Swelling: You may notice some swelling behind or under the head of the penis and believe it looks like a blister. The swelling is simply another sign of healing and will disappear within a week or two.
6. Changes in size: The penis may appear smaller after circumcision. This is mostly because the skin surrounding the penis is relaxed, while before circumcision it usually held the penis more erect.

Seek Medical Care Immediately If:

1. There is bleeding from the circumcision area that continues to soak through the gauze.
2. Your child has not urinated within 24 hours after the circumcision.
3. Your child's redness or swelling around the circumcised area gets worse after three to five days.
4. Your child's penis is blue or black.
5. Your child's temperature is over 100.4°F.
6. Your child has an unpleasant-smelling, yellowish-green discharge from the penis.